



News.  
Updates.  
Stories.  
More.



# I'M COMING TO SMASH EVERYBODY

"I'm the reigning African champion at middleweight at the IMMAF African Championship. I'm looking to come and get gold again, but this time ... pg 3



Lusaka – Eden University, in collaboration with its Polish-based partner institution, WSG University, has taken a significant step towards advancing sports science education in Zambia.

pg 3

**NKANA FOOTBALL CLUB: THE FACE OF ZAMBIAN FOOTBALL THAT SHOULD NOT BE FOUGHT IN THE DARK**

Nkana Football Club, based in Kitwe, is a pivotal institution in Zambian football and a symbol of national pride. Established in 1935, Nkana has a rich history that showcase ... pg 2

#22BETALWAYS PAYS

#22BETALWAYS PAYS

EMMANUEL ADEBAYOR

22BET AMBASSADOR



#22BETALWAYS PAYS

#22BETALWAYS PAYS

WWW.22BET.CO.ZM



# GOLDEN BOOT RACE HEATS UP: MULENGA AND BINGA CLOSE IN ON CHANSA WITH TWO MATCHES LEFT

By Lucky Chama



Green Eagles striker Simon Mulenga and Napsa Stars striker Godfrey Binga have reignited their fighting spirit in the golden boot race for the 2024-25 MTN Super League, as they now trail leader Titus Chansa by one goal.

Chansa failed to find the back of the net in the Kitwe derby as Power Dynamos drew 1-1 against Nkana at the Levy Mwanawasa Stadium in Ndola.

FullTime exclusively looks at the leading goal scorers with two matches left to be played in the MTN Super League.

Titus Chansa – Power Dynamos (12 goals)

The striker was not on target in a Week 32 match against Nkana as Power Dynamos came from behind to draw 1-all against rivals Nkana. Prince Mumba was brought down in the box in the dying minutes as Brian Masanyinga, who replaced Chansa at the start of the second half, stepped up to convert the resultant penalty kick. Can he score against Green

Eagles and Nchanga Rangers’ defenses?

Idriss Mbombo – Nkana (11 goals)

The DR Congo-born striker failed to find the back of the net for Nkana in the Kitwe derby. He is still in a strong position to push for the golden boot with Kalampa going into the last two matches against FC MUZA and Kabwe Warriors.

Godfrey Binga – Napsa Stars (11 goals)

Binga makes a strong comeback in the golden boot race by scoring against his former club, Kabwe Warriors.

In the 93rd minute, Binga scored a header for Napsa Stars against Kabwe Warriors at the REIZ Arena and celebrated in front of his former fans, the Warriors, receiving a yellow card for removing his jersey.

His second goal for the Lusaka-based side indicates that Binga still has potential, especially as the Pensioners play against relegation-threatened

Lumwana Radiants and Mutondo Stars in the last two matches of the season.

Simon Mulenga – Green Eagles (11 goals)

Despite scoring the equalizer in the 31st minute for his team, who were behind 1-0 to Green Buffaloes at Independence Stadium in Choma, Mulenga missed a chance to match Chansa’s tally of 12 goals.

The striker missed a penalty in the 49th minute, the first penalty he has missed this season.

Although the MTN Super League title and Absa Cup are out of reach, Mulenga can still earn the golden boot by scoring at least two more goals in the final two matches against Power Dynamos and FC MUZA in the Musanza derby.

FC MUZA striker Andrew Phiri scored his ninth goal of the season, and Power Dynamos’ Brian Masanyinga advanced to eight goals, making notable movements on the top scorers’ board.

# NKANA FOOTBALL CLUB: THE FACE OF ZAMBIAN FOOTBALL THAT SHOULD NOT BE FOUGHT IN THE DARK

By Fulltime Desk



Nkana Football Club, based in Kitwe, is a pivotal institution in Zambian football and a symbol of national pride. Established in 1935, Nkana has a rich history that showcases its deep roots in the heart of Zambian culture and sports.

As the most successful club in the Zambian Super League, Nkana has not only set the benchmark for excellence in domestic football but has also made significant strides on the continental stage. The club’s legacy is interwoven with the identity of Zambian football itself, and its impact resonates through generations of fans and players alike.

Nkana Football Club holds an impressive record of winning 13 Zambian Super League titles, making it the most successful club in the history of the league. This remarkable achievement underscores the club’s supremacy, as they have consistently outperformed other teams over the decades. Clubs such as Zesco United, Power Dynamos, Mighty Mufurila, and Green Buffaloes among others, while competitive, have yet to reach the heights that Nkana has established. This dominance brings not only local glory but also the responsibility of leading Zambian football towards greater prosperity.

On the continental stage, Nkana has represented Zambian football with distinction in tournaments such as the CAF Champions League and the CAF Confederation Cup. Their journey in these competitions has showcased the quality and talent of Zambian players to a broader audience. With a legacy of memorable victories and a commitment to perform at the highest level, Nkana continues to elevate the profile of Zambian football internationally, forging a path for future generations of footballers.

One of Nkana’s greatest assets is its passionate and unwavering fan base, which is unmatched by any other club in Zambia. Nkana supporters, known for their fervent loyalty, rally behind the team in huge numbers, creating an electrifying atmosphere

at matches. This overwhelming support does not only inspire the players but also alleviates financial pressure on the club management, allowing them to focus resources on player development and club improvements. The fans’ dedication plays a crucial role in ensuring Nkana remains a formidable presence in Zambian football, regardless of external challenges.

However, the journey has not been without obstacles. Nkana has faced issues regarding the poor handling of matches by officials, which has sometimes resulted in unfair play and questionable outcomes. Such incidents can significantly affect the team’s performance and the morale of its dedicated fans. It is imperative that these concerns are addressed with seriousness and transparency to restore faith and confidence in the officiating processes, allowing the sport to flourish without undue influence or bias.

In light of these challenges, it is essential to engage with Nkana’s passionate fan base rather than suppress their voices or disregard their concerns. Fans are vital stakeholders in the club’s ecosystem; their enthusiasm and involvement are critical to the club’s success and sustainability. To effectively combat issues such as hooliganism, it is necessary to foster a culture of dialogue and understanding between the club officials and the fans. By recognizing the fans’ contributions, the club can build stronger community ties and promote a positive environment around Zambian football.

As Nkana Football Club continues to embody the spirit and aspirations of Zambian football, it remains a cornerstone of the national sport. The call to action for club officials, stakeholders, and the community is clear: acknowledge and celebrate Nkana’s contributions to football in Zambia, ensuring that the club is supported in its endeavors rather than fought against. Together, by embracing this legacy and fostering unity, Zambian football can reach new heights, showcasing the passion and talent that Nkana FC represents.



DEPOSIT 20 ZMW & GET A

200% WELCOME BONUS

UP TO 1 600 ZMW FOR SPORTS BETTING!





# ZAMBIA AND SIERRA LEONE BATTLE TO GOALLESS DRAW IN TOTALENERGIES CAF U-20 AFCON OPENER

By CAF



Zambia and tournament debutants Sierra Leone played out a 0-0 draw in the opening match of Group A at the TotalEnergies CAF Under-20 Africa Cup of Nations, Egypt 2025.

In a closely contested affair at the Suez Canal Stadium on Sunday, both sides struggled to convert their chances in a match full of energy but lacking the clinical finishing needed to claim maximum points.

Zambia, winners of the 2017 edition, dominated possession for large spells but were repeatedly frustrated by a resilient Sierra Leone defence. Joseph Sabobo was the most lively for the Young Chipolopolo, forcing several saves from Sierra Leone goalkeeper Samba Bah, but could not find the breakthrough.

Sierra Leone, making their maiden appearance at this level, showed no signs of nerves and created opportunities of their own. Samba Bah and Nathaniel Jalloh were a constant threat going forward, while Alpha Turay came close with a header early in the first half.

In the second period, both sides grew increasingly desperate to find a winner. Zambia thought they had won it late on, with Emmanuel Mutale and David Simukonda going close, but neither could find the target.

Sierra Leone also came agonisingly close as Samba Bah saw a header saved at the death. Despite pushing forward in the final minutes, neither side was able to find the crucial breakthrough.

The result leaves Group A finely poised ahead of the evening’s second match between hosts Egypt and South Africa at Cairo International Stadium.

Zambia will take positives from the number of chances created but will rue their wastefulness in front of goal. Sierra Leone, meanwhile, can take great pride from their battling performance on their tournament debut and will hope to build on this solid start.

Both teams will now look to their next fixtures with a clearer idea of what it will take to progress to the quarter-finals in a tournament where the top two teams from each group and the two best third-placed teams advance to the knockout stage.

# EGYPT WELCOMES AFRICA’S RISING STARS AS TOTALENERGIES CAF U-20 AFRICA CUP OF NATIONS KICKS OFF

By Joseph Tembo



The countdown has officially begun for one of Africa’s premier youth football tournaments: the TotalEnergies CAF U-20 Africa Cup of Nations (AFCON) Egypt 2025. Organized by the Confederation of African Football (CAF), the tournament will showcase the best young talent the continent has to offer, providing a crucial stepping stone for future stars.

Scheduled to take place in Egypt, a country with a rich footballing tradition, the 2025 edition promises to deliver thrilling matches and new heroes. Sixteen teams will participate, up from previous editions, in a format that reflects CAF’s commitment to growing youth football across Africa.

The competition not only offers a prestigious title but also acts as a pathway to global recognition, as the top four teams will qualify for the FIFA U-20 World Cup 2025. For many young players, this tournament has historically been a launching pad to professional stardom — with past graduates including the likes of Mohamed Salah, Samuel Eto’o, and Kelechi Iheanacho.

The qualification process for the 2025 edition has already kicked off, with teams battling through zonal qualifiers across Africa. Each of CAF’s six zones — CECAFA, COSAFA, UNAF, WAFU-A, WAFU-B, and UNIFFAC — will produce representatives who will join hosts Egypt at the finals.

CAF has emphasized that the competition is not just about on-field performances. It plays a broader role in developing African football infrastructure, improving coaching standards, and offering vital exposure to young players.

With Egypt’s world-class stadiums, passionate fans, and a well-established history of hosting major tournaments, anticipation is running high for a spectacular showcase. CAF officials have also highlighted their determination to ensure that the 2025 tournament builds on the success of the 2023 edition, aiming for a more competitive and vibrant championship.

As the road to Egypt 2025 continues, African football fans eagerly await the emergence of the next generation of superstars who will carry the continent’s hopes onto the world stage.

27 APR		1	GROUP A EGY V RSA 21:00	2 MAY		7	GROUP C SEN V CTA 18:00	6 MAY		15	GROUP A ZAM V TAN 18:00
30 APR		2	GROUP A ZAM V SL 18:00	3 MAY		8	GROUP C RDC V GHA 21:00	7 MAY		16	GROUP A SLV RSA 18:00
1 MAY		3	GROUP A SL V EGY 21:00	4 MAY		9	GROUP A TAN V SL 18:00	8 MAY		17	GROUP B NGA V KEN 18:00
		4	GROUP A RSA V TAN 18:00	5 MAY		10	GROUP A EGY V ZAM 21:00	9 MAY		18	GROUP B TUN V MAR 18:00
		5	GROUP B NGA V TUN 18:00			11	GROUP B TUN V KEN 18:00			19	GROUP C SEN V RDC 18:00
		6	GROUP B KEN V MAR 21:00			12	GROUP B MAR V NGA 21:00			20	GROUP C CTA V GHA 18:00
						13	GROUP C CTA V RDC 18:00			21	GROUP A RSA V ZAM 21:00
						14	GROUP C GHA V SEN 21:00			22	GROUP A TAN V EGY 21:00

GROUP A STANDINGS							
TEAM		P	W	D	L	GD	PTS
	EGYPT	1	1	0	0	+1	3
	ZAMBIA	1	0	1	0	0	1
	SIERRA LEONE	1	0	1	0	0	1
	TANZANIA	0	0	0	0	0	0
	SOUTH AFRICA	1	0	0	1	-1	0



# I'M COMING TO SMASH EVERYBODY

By Lucky Chama



Zambian Mixed Martial Arts athlete and reigning IMMAF Africa middleweight champion Gilbert Ndlovu has sent a strong warning to his challengers ahead of the 2025 African championships to be held in Luanda, Angola.

The 2025 edition will be held from May 4 to 10 and will feature youth, junior, senior, and masters divisions. The event aims to build upon the success of previous IMMAF events, like the 2024 World Championships, where African athletes made history.

The event aims to provide a platform for the continent’s top amateur talent and highlight the growth of African Mixed Martial Arts (MMA).

This year’s event introduces two new divisions to the African stage for the first time. Youth D (10-11) athletes will have the opportunity to test their skills at the highest level, while the highly anticipated Masters divisions make their highly anticipated IMMAF debut.

In a video posted on the International Mixed Martial Arts Federation (IMMAF), Ndlovu says he is aiming to win another gold medal at the African championships. Ndhlovu has revealed that he will this year compete in the super welterweight category.

“I’m the reigning African champion at middleweight at the IMMAF African Championship. I’m looking to come and get gold again, but this time around in the super

welterweight,” Ndlovu said.

“Guys in my division, watch out; I’m coming for gold, and this is reality. I’m coming to smash everybody.”

IMMAF President Kerrith Brown says Africa continues to be a driving force for IMMAF in the global mixed martial arts landscape.

“Africa continues to be a driving force for IMMAF in the global MMA landscape, showcasing grassroots talent with spirit, dedication, resilience, and sportsmanship, enabling all to test their skills, gain international recognition, and take the next steps in their athletic development,” Brown said.

# EDEN UNIVERSITY, POLISH PARTNER ENGAGE NATIONAL SPORTS COUNCIL ON ADVANCING SPORTS SCIENCE

By Lucky Chama



Lusaka – Eden University, in collaboration with its Polish-based partner institution, WSG University, has taken a significant step towards advancing sports science education in Zambia.

A delegation led by Eden University Vice Chancellor, Dr. Alvert Ng’andu, with senior management staff and a two-member team from WSG, held a courtesy meeting with the National Sports Council of Zambia (NSCZ) on Friday.

The meeting, held at the NSCZ headquarters, aimed to assess the current integration of sports science within the Zambian sports landscape and explore avenues for strengthening athlete performance through academic programs in sports science and sports

management.

Speaking during the meeting, Dr. Ng’andu emphasized Eden University’s commitment to supporting national efforts in enhancing sports performance. He highlighted the importance of structured training in sports dynamics, noting that academic backing in sports science would play a vital role in producing world-class athletes.

“As a university, we are committed to ensuring that athletes and sports administrators are equipped with the necessary scientific knowledge to consistently achieve excellence,” said Dr. Ng’andu. “We are optimistic that through a well-structured Memorandum of Understanding, we will open new

doors for the National Sports Council and the sports fraternity at large,” he added.

NSCZ CEO, Sombwa Musunsa welcomed the delegation and expressed gratitude to Eden University and WSG for considering a partnership. He reiterated that the council’s mandate aligns perfectly

with the proposal, as it aspires to elevate the standard of sports performance in Zambia through a scientific approach. “Our vision has always been to produce athletes who can consistently mint medals on both continental and global stages,” Musunsa said.

“Integrating sports science into athlete development is not just timely but essential,” he added. Leading the WSG team, Professor Skaily presented several success stories from countries such as Kazakhstan, Poland, Germany, and parts of Africa, where the introduction of sports science programs had significantly boosted athletic performance at national and continental competitions. He outlined potential areas where NSCZ and its affiliates could benefit, including athlete management, injury prevention, nutrition, and psychological conditioning.

# JUNIOR AFRICA CUP 2024: SOUTH AFRICA, NAMIBIA, ZIMBABWE, AND EGYPT SEAL WORLD CUP SPOTS

By Fulltime Desk



Windhoek, Namibia — South Africa, Namibia, Zimbabwe, and Egypt have secured qualification for the 2025 FIH Junior Hockey World Cups following strong performances at the 2024 Junior Africa Cup, held from April 18 to 25 in Windhoek.

In the women’s competition, South Africa dominated the pool stage, winning all five matches and finishing with a goal difference of +38. Namibia finished second, with their only loss coming against the eventual champions. Both teams sealed early qualification for the FIH Hockey Women’s Junior World Cup in Chile. Zimbabwe claimed the final African spot by defeating Uganda 6-1 in the bronze medal match. South Africa completed their flawless campaign with a 5-0 victory over Namibia in the final.

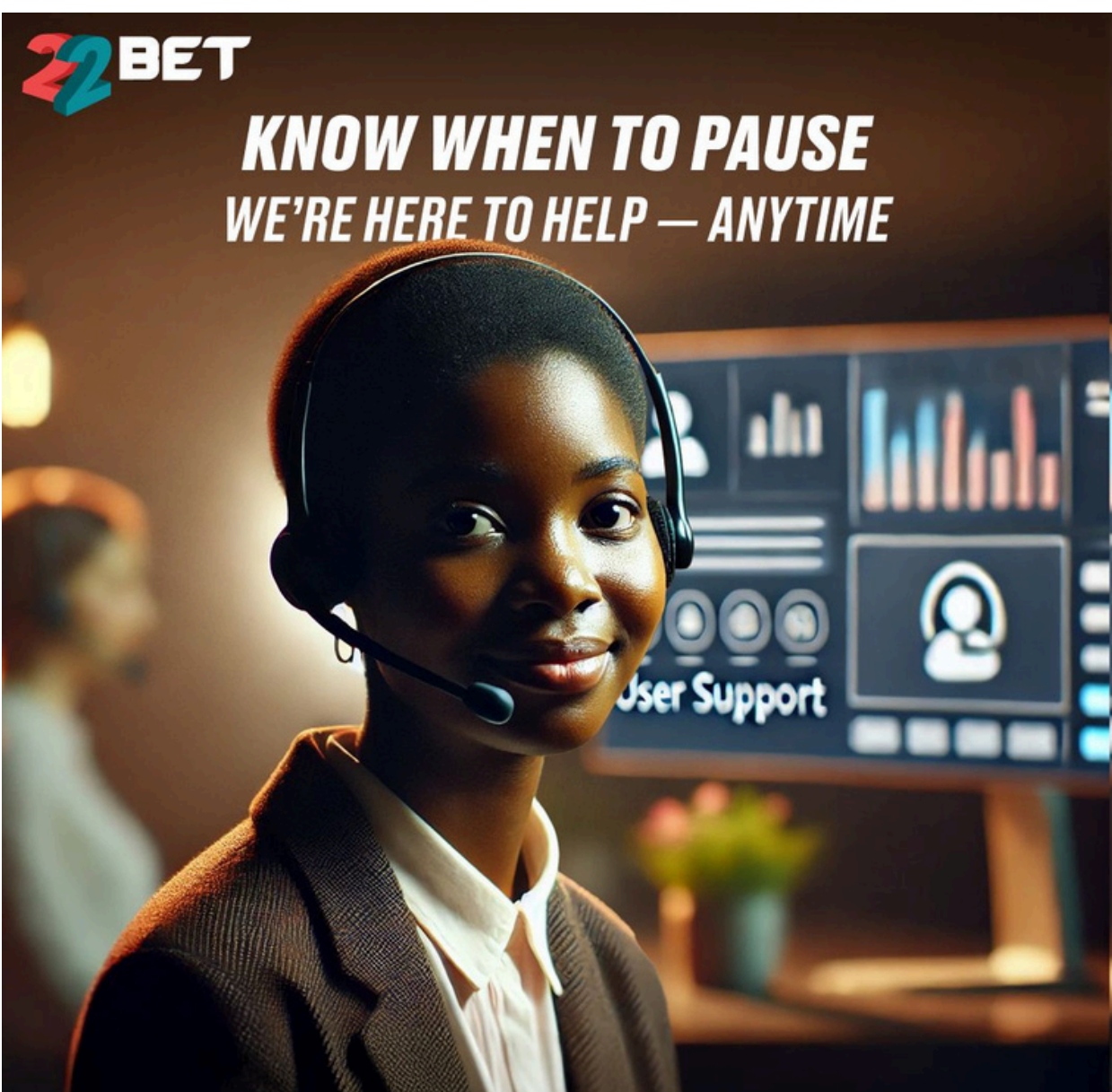
The men’s tournament saw South Africa continue their dominance, winning all five matches, including a 5-0 win over Namibia in the final. Both sides booked their places at the FIH Hockey Men’s Junior World Cup in India. Egypt secured Africa’s final qualification slot after defeating

Kenya in a shootout, following a dramatic draw in their bronze medal match.

FIH President Tayyab Ikram praised the qualifying teams, noting that the expanded format of 24 teams at the upcoming World Cups is part of the FIH Empowerment and Engagement strategy aimed at growing the game globally. Meanwhile, the Zambia men’s and women’s teams are back in the country.

Zambia Hockey Association (ZHA) has thanked the sponsors for their support to the teams. “Zambia hockey wish to thank to all the sponsors, stakeholders, partners, hockey community, fans, athletes and media. Please continue to support us for the development of our sport in the country. Without you we wouldn’t have been here,” ZHA posted on their official Facebook page.

With the conclusion of the Junior Africa Cup, the qualification process for both the men’s and women’s 2025 Junior World Cups is now complete.





# LIVERPOOL FANS CAN FINALLY CELEBRATE LEAGUE TITLE WITH PARADE

By SuperSport



Liverpool will host a victory parade on the May 26 Bank Holiday after clinching their 20th top-flight title with victory over Tottenham Hotspur on Sunday, the club have announced.

Liverpool will host a victory parade on the May 26 Bank Holiday after clinching their 20th top-flight title with victory over Tottenham Hotspur on Sunday, the club have announced.

Fans were deprived of a public celebration the last time the Merseyside club won the Premier League in 2020 due to Covid-19 restrictions. That success was Liverpool's first top-flight triumph in 30 years.

Arne Slot's side secured the title on Sunday with a 5-1 thrashing of Spurs in a party atmosphere at Anfield that gave them a 15-point lead over second-placed Arsenal with four games remaining.

The 15-km parade will begin at

14:30 local time (1330 GMT) and is expected to last three to five hours.

"A Liverpool victory parade is more than football – it's a celebration of our city's pride, passion and community spirit," Leader of Liverpool City Council, Liam Robinson, said in a statement.

"A huge amount of work goes on behind the scenes in preparation for an event of this size and scale, and there has already been months of careful planning taking place as the Team Liverpool approach - which we saw work so well throughout Eurovision - comes to the fore again."

Liverpool hosted the Eurovision Song Contest in 2023.

Fans were deprived of a public celebration the last time the Merseyside club won the Premier League in 2020 due to Covid-19 restrictions. That success was Liverpool's first top-flight triumph in 30 years.

Arne Slot's side secured the title on Sunday with a 5-1 thrashing of Spurs in a party atmosphere at Anfield that gave them a 15-point lead over second-placed Arsenal with four games remaining.

The 15-km parade will begin at 14:30 local time (1330 GMT) and is expected to last three to five hours. "A Liverpool victory parade is more than football – it's a celebration of our city's pride, passion and community spirit," Leader of Liverpool City Council, Liam Robinson, said in a statement.

"A huge amount of work goes on behind the scenes in preparation for an event of this size and scale, and there has already been months of careful planning taking place as the Team Liverpool approach - which we saw work so well throughout Eurovision - comes to the fore again."

Liverpool hosted the Eurovision Song Contest in 2023.

# ARTETA FACES CHAMPIONS LEAGUE SHOWDOWN WITH MENTOR LUIS ENRIQUE

By SuperSport



Arsenal manager Mikel Arteta will face a key figure from his footballing past when the Gunners meet Luis Enrique's Paris Saint-Germain in the Champions League semifinals on Tuesday. Arteta, who was mentored by Enrique during his early playing days at Barcelona, credits the Spaniard with helping shape his coaching philosophy and called him "one of the best coaches in the world."

While Arteta's Arsenal beat PSG 2-0 in the group stage, the French champions have grown stronger since, with Enrique's tough decisions — such as benching Ousmane Dembele for disciplinary reasons — paying off handsomely. Despite the deep mutual respect between the two managers, both are determined to deliver long-awaited European success to their clubs. Arsenal have never won the Champions League,

falling short in the 2006 final, while PSG were beaten finalists in 2020.

Arteta's side arrives with momentum after a dominant quarterfinal win over holders Real Madrid but have stumbled in the Premier League, partly due to injuries. Key players like Kai Havertz and Gabriel Jesus remain sidelined, and midfielder Thomas Partey is suspended for the first leg. Leandro Trossard, likely to lead the attack, has called on the fans to recreate the "electric atmosphere" that helped dismantle Madrid at the Emirates.

Meanwhile, PSG, who have already eliminated Liverpool and Aston Villa, are aiming for a third English scalp as they chase their first-ever Champions League crown. For both managers, friendship will take a back seat to glory in a tie that could define their careers.

